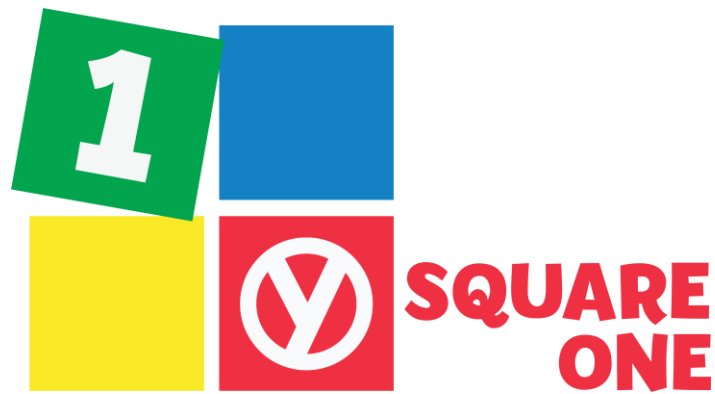


**Booklet**

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## Welcome!

We are going to be learning all about **Inside Out Faith** from the book of James in the Bible!

Can you find James in your bible? It's really close to the back.

There will be videos to watch, games and activities to do, lots of fun with your friends and leaders. We hope you enjoy it, and remember that by just showing up to be part of it all, you are encouraging others. You might be able to think of other ways you can encourage your friends, family and leaders too.

Let's ask God to help us.

*Dear Father God,*

*Thank you for all the good things you give us.*

*Thank you that we can learn from your Word the Bible together.*

*Please help us grow in our faith this term.*

*Please help us be kind and encourage each other.*

*In Jesus' name,*

*Amen.*

# Overview



## Week 1: 5<sup>th</sup> -10<sup>th</sup> October

What is 'Inside Out Faith'? A whole-hearted commitment to Jesus that is lived out in our attitudes, words and actions.



## Week 2: 11<sup>th</sup>-17<sup>th</sup> October

Living with an inside out faith takes perseverance but Jesus is worth it.



## Week 3: 18<sup>th</sup> -24<sup>th</sup> October

An 'Inside Out Faith' puts God's Word into action. It soaks up and lives out God's Word.



## Week 4: 25<sup>th</sup> -31<sup>st</sup> October

A faith that is lived out takes action!



## Week 5: 1<sup>st</sup> -7<sup>th</sup> November

An 'Inside Out Faith' allows God's Word to change our speech.



## Week 6: 8<sup>th</sup> – 14<sup>th</sup> November

Living with 'Inside Out Faith' is living by heavenly wisdom not earthly wisdom.



## Week 7: 15<sup>th</sup> – 21<sup>st</sup> November

An 'Inside Out Faith' patiently waits for Jesus to return.



## Week 8: 22<sup>nd</sup> -28<sup>th</sup> November

Revision

# Memory Verse Challenge

*“Who is wise and understanding among you?  
Let them show it by their good life,  
by deeds done in the humility that comes from  
wisdom.”*

*James 3:13*

# Square One Music

There is a playlist of songs to listen to. Some are songs we usually sing at camp, others are songs we wish we had time to sing and others match the themes explored in James.

The playlist is available on [Spotify](#) or [Apple](#).

1. The God of Wow – Sovereign Grace Music
2. Made Alive – Citizens
3. Let your light shine – Johnny Burns
4. Amazing Grace (My Chains are gone) – Chris Tomlin
5. W-I-S-D-O-M – Sovereign Grace Music
6. Because you first loved me – Sovereign Grace Music
7. God's Great Family – Sovereign Grace Music
8. Do what it says (James 1:22) – Seeds Family Worship
9. Everybody Needs You – Sovereign Grace Music
10. Listen Up! – Sovereign Grace Music
11. Be Ready – Sovereign Grace Music
12. All About Jesus – Sovereign Grace Music
13. It is Well with my Soul – Matt Redman
14. Magnificent, Marvellous, Matchless Love – Matt Boswell & Matt Papa

**Which one is your favourite?**

# Week 1



**Big Idea:** An Inside Out Faith is a whole-hearted commitment to Jesus that is lived out in our attitudes, words and actions.

**Intro Activity:** Find two things in your home that you can turn inside out. What looks the funniest? Can you guess what other people's items are when they are inside out?

## Bible Reading:

### James 1:1-8 (NIV)

<sup>1</sup> James, a servant of God and of the Lord Jesus Christ,

To the twelve tribes scattered among the nations: Greetings.

<sup>2</sup> Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, <sup>3</sup> because you know that the testing of your faith produces perseverance. <sup>4</sup> Let perseverance finish its work so that you may be mature and complete, not lacking anything. <sup>5</sup> If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. <sup>6</sup> But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. <sup>7</sup> That person should not expect to receive anything from the Lord. <sup>8</sup> Such a person is double-minded and unstable in all they do.

## Watch the Bible talk from Naomi

## Discussion questions:

1. Naomi talked about two different kinds of faith, do you remember what they were? What does it mean to live with an 'inside out faith'?

2. What happens to people with 'inside out faith' when hard times (trials) come?

3. How can you live with Inside Out Faith this week?

Pray about what we have learned together.

**Activity:** Balancing challenge. This week's challenge is taking a photo of yourself balancing on something with a book on your head. There is a lack of tightropes and wheelbarrows so we need to find other things to balance on.

You could do a balancing challenge during your time together:

- How many people can balance on one leg for 20 seconds?
- Can you balance on one leg and pat your head?
- Can you balance on one leg and pat your head and rub your tummy?
- Can you turn around three times and then balance on one leg for 20 seconds without falling over?

**Song for the week:** The God of Wow (Sovereign Grace Music)



# Week 2



**Big Idea:** Living with an inside out takes perseverance but Jesus is worth it.

**Intro Activity:** Trick shots (you need a ball that will bounce and a cup/bin/bowl it will fit into).

## Bible Reading:

### James 1:12-18

<sup>12</sup> Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.

<sup>13</sup> When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; <sup>14</sup>but each person is tempted when they are dragged away by their own evil desire and enticed. <sup>15</sup>Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

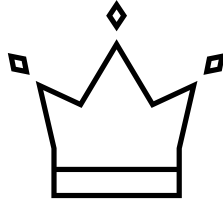
<sup>16</sup> Don't be deceived, my dear brothers and sisters. <sup>17</sup>Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. <sup>18</sup>He chose to give us birth through the word of truth, that we might be a kind of first fruits of all he created.

## Watch the Bible talk from Naomi

## Discussion questions:

1. What kinds of hard times (trials and testings) might a Christian go through?

2. What do Christians look forward to that helps them to persevere?



3. Look at verse 17, how does that help us to keep persevering through hard times?

**Pray:** Talk to God about what you have learned. Ask for his help to keep trusting him in hard times.

**Activity:** Construction

**Weekly Challenge:** Post a video of your trick shots (remember to include your church group's #).

**Next week is dress up!** Every needs to come with 'inside out' clothes!

**Song of the week:** Everybody Needs you (Sovereign Grace Music)

# Week 3



**Big Idea:** An 'Inside Out Faith' puts God's Word into action. It soaks up and lives out God's Word.

**Intro Activity:** Dress up week!

## Bible Reading:

### James 1:22-25 (NIV)

<sup>22</sup> Do not merely listen to the word, and so deceive yourselves. Do what it says. <sup>23</sup> Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror <sup>24</sup> and, after looking at himself, goes away and immediately forgets what he looks like. <sup>25</sup> But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

## Watch the Bible Talk from Naomi

## Discussion questions:

1. James says in verse 22 to not just listen to the word but do what it says. What is the 'word' he is talking about?

2. Just like looking in a mirror, the Word of truth shows us what we really look like, and what we need? When we hear the gospel message (that we need Jesus to save us), how could we respond?

3. Look at verse 25, what does James say about the person who looks and responds rightly?

Remember the wonderful gospel message; God loves you and sent Jesus to rescue you. He promises that every time you confess you've done the wrong thing and turn away from it (that's repentance) then he will forgive you (check it out for yourself in **1 John 1:9**). We don't need to hide our sin because we know God promises to forgive us.

Thank God for his forgiveness and ask for his help in being people who love to read and obey his words to us in the Bible.

**Activity:** Mirror Image Game

**Weekly Challenge:** Post a photo of your inside out dress ups to the Facebook Group (include your church group's #).

**Song of the week:** Do What it says (James 1:22) (Seeds Family Worship) & Listen Up! (Sovereign Grace Music)

# Week 4



**Big Idea:** A faith that is lived out takes action!

**Intro Activity:** Would you rather?

## **Bible Reading:**

### **James 2:14-17 (NIV)**

<sup>14</sup> What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them? <sup>15</sup> Suppose a brother or a sister is without clothes and daily food. <sup>16</sup> If one of you says to them, "Go in peace; keep warm and well fed," but does nothing about their physical needs, what good is it? <sup>17</sup> In the same way, faith by itself, if it is not accompanied by action, is dead.

## **Watch the Bible Talk from Naomi**

## **Discussion questions:**

1. What kind of faith is like a dead chicken?
  
  
  
  
  
  
  
  
  
  
2. What might people do to show their faith is alive?

3. What can you do to live your faith out this week?

Pray : Ask God to help you live with 'Inside Out Faith' this week.

**Weekly Challenge:** The weekly challenge this week is to write a postcard to a child in another church group. Your leader will provide the name and address. Pop it in the post and wait to see when a postcard arrives for you!

**Activity:** I Spy! This works just like the usual 'I Spy' game but you need to be able to see the item being 'spied' on the screen (i.e., in the background of one of the people in the Zoom).

**Song of the week:** Because you first loved me (Sovereign Grace Music)

# Week 5



**Big Idea:** An 'Inside Out Faith' allows God's Word to change our speech.

**Intro Activity:** Tongue Twisters! How twisty is your tongue? Try saying these as fast as you can.

*A big black bear sat on a big black rug with a big black bug biting his bottom.*

*Lesser leather never weathered wetter weather better.*

*Six slimy snails slid slowly seaward sadly singing silly songs.*

*Cooks cook cupcakes quickly.*

## **Bible Reading:**

### **James 3:1-12 (NIV)**

<sup>1</sup>Not many of you should become teachers, my fellow believers, because you know that we who teach will be judged more strictly. <sup>2</sup>We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check.

<sup>3</sup>When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. <sup>4</sup>Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. <sup>5</sup>Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. <sup>6</sup>The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell.

<sup>7</sup>All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, <sup>8</sup>but no human being can tame the tongue. It is a restless evil, full of deadly poison.

<sup>9</sup>With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. <sup>10</sup>Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. <sup>11</sup>Can both fresh water and salt water flow from the same spring? <sup>12</sup>My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.

## Watch the Bible Talk from Naomi

### Discussion questions:

1. Let's see how many animals we can think of that have been tamed. Why do you think it is impossible to tame the tongue?
2. How do our tongues set the direction for the rest of our body? Can you think of an example of a time when you have seen powerful words that changed things?
3. Look at Verses 9 and 10 again. How can we use our tongues the right way?

**Remember, God loves you and sent Jesus to rescue you. He can change our hearts!** He promises that every time you confess you've done the wrong thing and turn away from it (that's repentance) then he will forgive you (check it out for yourself in **1 John 1:9**). We don't need to hide our sin because we know God promises to forgive us.

Pray about what you've learned today. Do you need to say sorry about bad words you've spoken? Do you need to ask for God's help in using your words the right way? God loves to hear our prayers.



**Activity:** Cookie Face.

Each person needs to have a cookie (oreos, jatz, monte carlos, almost anything will work). The cookie is balanced on a person's forehead and the aim is to move it from the forehead to the mouth using only facial muscles and gravity. Best played in two rounds so that some kids can watch others doing it. If there are plenty of cookies you can see how many they can get into their mouths in one minute rounds.

Here is the YouTube clip of the Minute to Win It version:

<https://www.youtube.com/watch?v=THXXPe4O1bl>

**Weekly Challenge:** Post a video of your best take on one of the tongue twister. Extra challenge: make up your own tongue twister based on what we've been learning in James!

**Song of the week:** Made Alive (Citizens)

# Week 6



**Big Idea:** Living with 'Inside Out Faith' is living by heavenly wisdom not earthly wisdom.

**Intro Activity:** Spot the Difference

## **Bible Reading:**

### **James 3:13-18 (NIV)**

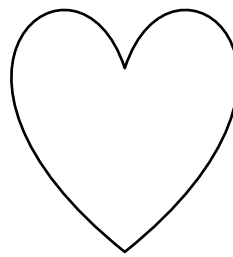
<sup>13</sup> Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom. <sup>14</sup> But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. <sup>15</sup> Such "wisdom" does not come down from heaven but is earthly, unspiritual, demonic. <sup>16</sup> For where you have envy and selfish ambition, there you find disorder and every evil practice.

<sup>17</sup> But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. <sup>18</sup> Peacemakers who sow in peace reap a harvest of righteousness.

## **Watch the Bible Talk from Naomi**

## Discussion questions:

1. James says there are two sources of wisdom for our lives, what are they? How can you tell the difference between them?



2. Where do we hear and see worldly wisdom?

3. Where do we hear and see heavenly wisdom? Can you think of a way that God is changing you to show more heavenly wisdom in your life?

Pray and ask God to help you grow in heavenly wisdom.

**Weekly Challenge:** If you're brave, have a go at putting mentos in a fizzy drink. Record it and post to the Facebook group.

Alternative challenge, tell us what you're learning from James. Either write something to post or record a short video. Remember, Adam and Ella will be watching.

**Activity:** Mazes

**Song of the week:** W-I-S-D-O-M (Sovereign Grace Music)

# Week 7



**Big Idea:** An 'Inside Out Faith' patiently waits for Jesus to return.

**Intro Activity:** 60 Second Game

## Bible Reading:

### James 5:7-12 (NIV)

<sup>7</sup> Be patient, then, brothers and sisters, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop, patiently waiting for the autumn and spring rains. <sup>8</sup> You too, be patient and stand firm, because the Lord's coming is near. <sup>9</sup> Don't grumble against one another, brothers and sisters, or you will be judged. The Judge is standing at the door!

<sup>10</sup> Brothers and sisters, as an example of patience in the face of suffering, take the prophets who spoke in the name of the Lord. <sup>11</sup> As you know, we count as blessed those who have persevered. You have heard of Job's perseverance and have seen what the Lord finally brought about. The Lord is full of compassion and mercy.

<sup>12</sup> Above all, my brothers and sisters, do not swear—not by heaven or by earth or by anything else. All you need to say is a simple "Yes" or "No." Otherwise you will be condemned.

## Watch the Bible Talk from Naomi

## Discussion questions:

1. Think about a time when you had to wait for something. Was it easy or hard to wait? Why?

2. What does James say we are waiting for? Why is it worth waiting for?

3. How should we wait?

Pray and thank God that Jesus is coming back and we can look forward to seeing him then.

**Weekly Challenge:** Can you take a photo of the full moon? You'll need to wait until it is completely full. Ask your family to help you work out when that is and take a photo to share on the Facebook page.

Alternative – Have you received your postcard? Post a photo of you with your postcard to show everyone you got it!

**Activity:** Creationary

Option 1 – Using playdough, ask children to create something that others can guess. Use the spotlight function on zoom to help kids see each other's creations.

Option 2 – Using a collection of items from nature, ask children to create a picture on the table. Use the spotlight function on zoom to help kids see each other's pictures.

**Song of the week:** Be Ready (Sovereign Grace Music)

# Week 8



**Big Idea:** Remembering all the good things we have learned from the book of James.

**Intro Activity:**

**Watch the Bible talk from Naomi**

**Discussion questions:**

1. What is something new you have learned this term?
  
  
  
  
  
  
  
  
  
  
2. What is something you have been reminded of?
  
  
  
  
  
  
  
  
  
  
3. Can you think of three things to thank God for?

4. What is one thing you can ask for God's help with?

Pray together – say thank you to God. Ask for his help.

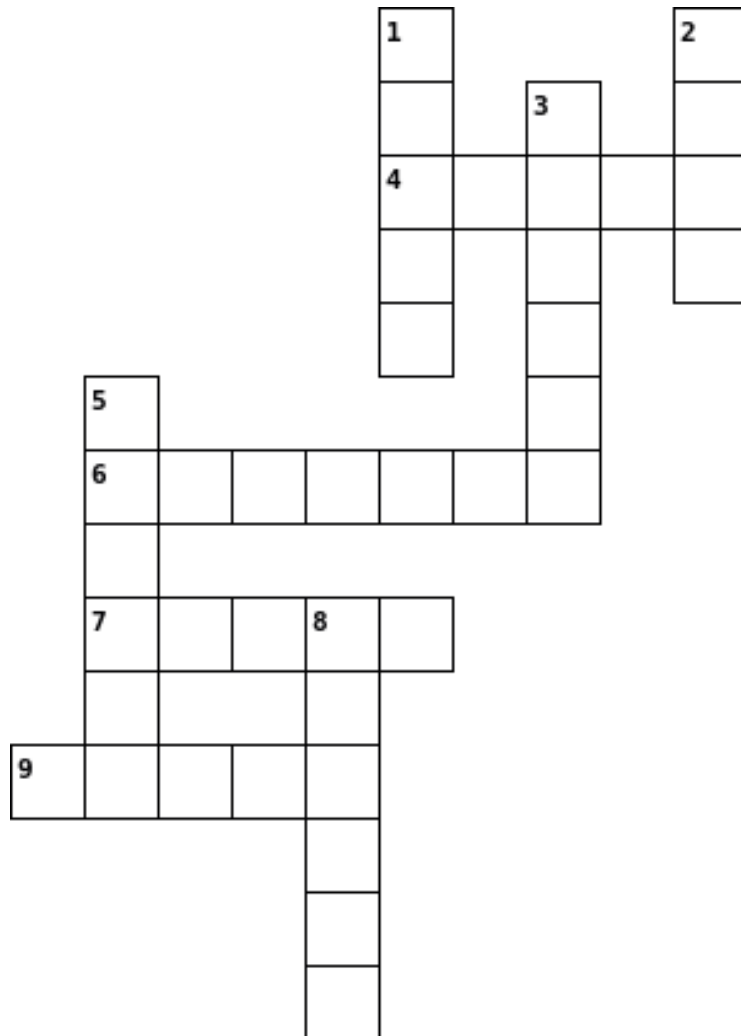
**Weekly Challenge:**

Option 1 - Record a short video sharing something you learned from James. Post to the Facebook group. You might even get a response from Naomi, Adam or Ella! This could be you talking, a drawing or something creative!

Option 2 – Record your group doing Aggressive Alpine Skiing together on Zoom and post to the Facebook group.

**Activity:** Quiz

# Inside Out Faith Crossword



## Across

- 4 James chapter three and four talks about an \_\_\_\_\_ war.
- 6 All throughout the book of James, James tells us that what's on the inside needs to be seen on the \_\_\_\_\_.
- 7 The testing of our faith \_\_\_\_\_ us.
- 9 Christian faith is trusting that \_\_\_\_\_ will give you eternal life

## Down

- 1 \_\_\_\_\_ is being sure of what we hope for, and certain of what we cannot see.
- 2 James tells us that an Inside Out Faith is a faith that is lived out, under pressure, in the \_\_\_\_\_ times.
- 3 True faith is displayed from \_\_\_\_\_ out.
- 5 The \_\_\_\_\_ can lead us to destruction
- 8 Who is wise and understanding? Let them show it by their good life, by deeds done in the humility that comes from \_\_\_\_\_.



**THE CROSS THE TOMB & ME**

**SQUARE ONE WINTER**  
Friday 3rd – Sunday 5th June 2022  
Youthworks Conference Centres PortHacking

**SQUARE ONE SPRING**  
Friday 4th – Sunday 6th Nov 2022  
Youthworks Conference Centres Port Hacking

**1** **SQUARE ONE**

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oriented for life